

Long Track Times 2026-2027						
NAME	M/F	AGE	500	1000	1500	3000
Molly Flynn	F	17				4.46.774
						8/29/2026
Nora Munro	F	17	45.75* (alt)			4.59.45*
			8/21/2026			8/22/2026
Penelope Locas	F	15	49.042	1.37.245	2.32.99	5.32.078
			CQ#1	CQ#1	CQ#1	CQ#1
Juliana Daigle	F	17	52.605	1.48.830	2.44.574	
			CQ#1	CQ#1	CQ#1	
NAME	M/F	AGE	500	1000	1500	3000
Liam Tao	M	15	39.535	1.19.16	2.04.332	
			CQ#1	CQ#1	CQ#1	
Yiran Xu	M	16	41.344	1.24.428	2.09.959	
			CQ#1	CQ#1	CQ#1	
Lauric Clement	M	14	43.211	1.27.181	2.14.747	
			CQ#1	CQ#1	CQ#1	
Evan Munro	M	15	42.904	1.28.953	2.16.641	
			CQ#1	CQ#1	CQ#1	
Sebastian Sanchez	M	15	45.949	1.32.48	2.19.444	
			CQ#1	CQ#1	CQ#1	
Julian Johnson	M	15	45.938	1.30.153	2.21.661	
			CQ#1	CQ#1	CQ#1	
Rayan Aziz	M	14	47.919	1.32.784	2.23.375	
			CQ#1	CQ#1	CQ#1	
Cameron White	M	14	46.919	1.32.941	2.24.862	
			CQ#1	CQ#1	CQ#1	
Luca Sgrosso	M	14	50.139	1.39.652	2.35.519	
			CQ#1	CQ#1	CQ#1	

CWG SELECTION PTS			pts	RANK
500	1000	1500		
TBD	TBD	TBD	0	
TBD	TBD	TBD	0	
TBD	TBD	TBD	0	
TBD	TBD	TBD	0	

CWG SELECTION PTS			pts	RANK
500	1000	1500		
1000	1000	1000	3000	1
816	816	816	2448	2
543	666	666	1875	3
666	543	543	1752	4
443	362	443	1248	5
362	443	362	1167	6
241	295	295	831	7
295	241	241	777	8
196	196	196	588	9