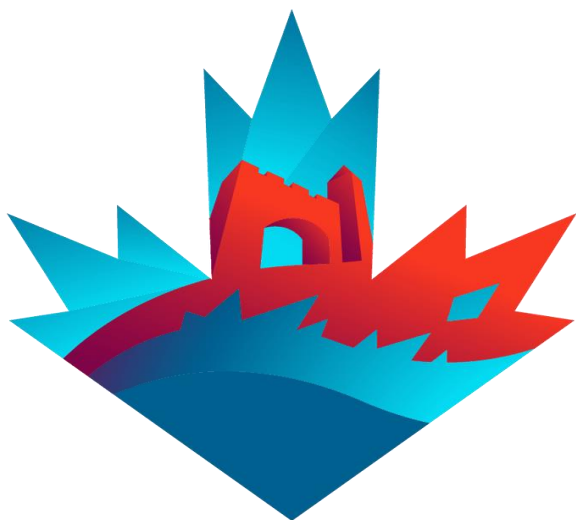




2027 Quebec

Canada Winter Games Guide

for parents and skaters



**QUÉBEC
2027
JEUX DU
CANADA
GAMES**

Keeping the Winning Tradition

April 22/2025 – Guide approved SSNB Athlete Development Committee
Amended (section 4.1.1 & 4.1.2) – May 15/2025 (Orange) & August 22/2025 (Red)

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Purpose:

The Athlete Development/Coaching Committee (ADCC) has worked to develop a Canada Games Guide that is clear and encompasses all likely circumstances.

In the event that a section of the Guide needs to be clarified, or unforeseen circumstance needs to be addressed, the SSNB-ADCC will use the two goals of the program as their guide in decision-making.

The goals are:

- 1. To use the Canada Games to develop the sport in the province,**
- 2. To place on the ice the best prepared team possible,**
- 3. Win medals, and**
- 4. Develop a performance focused long & short track program.**

INTRODUCTION AND GOALS

The Canada Winter Games is a quadrennial event that brings together over 3000 of the nation's top young athletes to compete in 20 different sports. All 13 provinces and territories participate in what is the largest regular multi-sport event in Canada. The event takes place over a two-week period from mid-February to the beginning of March. Athletes attend either the first week including Opening Ceremonies, or the second week including the Closing Ceremonies. Athletes receive travel to the Games, Team NB uniforms and clothing, food, accommodation, a pass to all sporting events, pins to trade or keep and an experience that will last a lifetime.

Provinces compete for the President's Trophy – most overall points, Centennial Cup – most improved performance and the Jack Pelech Award for a combination of performance and sportsmanship. Since 1983 Speed Skate New Brunswick (SSNB) athletes have stood on the podium at every Canada Winter Games. Over this time, there have been 30 medals including 17 individual distance medals and 13 relay medals. From this, our motto was created: Keeping the Winning Tradition.

Team New Brunswick consists of 20 teams of athletes, coaches, and managers along with Mission staff who coordinate travel, clothing, accommodations, etc.

The goals of SSNB for the Canada Winter Games are to:

1. Ice the best prepared team of highly achieving skaters possible.
2. Use the Games to promote and develop both long track and short track, in the province.
3. Win medals.
4. Develop a performance focused long & short track program.

SSNB intends to use the Canada Games program to develop the sport. This will be achieved by:

- Including many athletes in the Selection Process and thereby build the pool of talented skaters.
- Using the profile of Canada Games skaters and the event to promote the sport to our younger skaters and the public in general.
- Inviting club coaches to be a part of the planning and implementation of the Canada Games program. By learning from each other, all coaches can develop.
- Involvement of officials and volunteers at high level competitions, such as the Canada Games Selection competitions will help to develop the base of our sport.

The Canada Games is a high-performance event. To achieve an optimum performance level and to Keep the Winning Tradition, athletes must be prepared to commit themselves to a training program and to make sacrifices for speed skating leading up to the Games. Up to 18 athletes will make the Canada Games team, many will not, but the training and competition performed in an effort to make the team should make all skaters better. By working hard and competing to the best of your ability, you will push others around you to do likewise. In this way, the success of those skaters that reach the starting line at the Games will be attributable, in part, to those that did not make it. By the finish line, all of those that tried out can take satisfaction in their contribution to the success of Team New Brunswick.

The purpose of this explanatory guide is to define the rules and procedures that will be followed in selecting the New Brunswick Short Track and Long Track Speed Skating Teams for the 2027 Canada Winter Games (CWG).

1.0 DEFINITIONS

1.1 Athlete Development/Coaching Committee (ADCC)

The Athlete Development/Coaching Committee is a standing committee of the Board of Speed Skate New Brunswick. It is comprised of a Chair and four elected members from around the province, as well as the Provincial Pathway Coach. The Committee is responsible for the development of this guide and the implementation of a fair and unbiased selection process as set forth. The Committee is also responsible to determine and announce the selection of the team. The Committees Terms of Reference and current members can be found on the [SSNB website](https://ssnb.ca). For matters pertaining to the ADCC you can email the committee at ADCC@speedskatenb.ca.

1.2 Exceptional Circumstances

An occurrence over which the athlete has very little or no control and which prevents an athlete from participating in any of the Selection A, B or C events. Exceptional circumstance requests must be made via e-mail to ADCC@Speedskatenb.ca. The ADCC asks that exemptions be requested at least two weeks in advance when possible, or when the situation becomes known. Any exemption requested without supporting documents, or more than 7 days following the conclusion of a designated competition or other event will not be considered. Examples include serious injury, major illness, or a critical family issue. Exceptional circumstances do not include participation in other sport related events or academic obligations for in province skaters that are attending the high school system. ADCC will consider exemptions for academic obligations as they relate to university students on a case-by-case basis.

1.3 General Exemptions

General exemptions, used for camps and competitions leading up to the selection events, can be requested for the following reasons:

- Illness or injury that prevents a skater from competing or fully training,
- Major family emergencies or serious illness / injury.
- In the spring & summer of 2025, exemptions can be requested by athletes trying out for or competing with NB Canada Summer Games teams when events clash with SSNB CWG designated camps.
- Attendance at an alternate sport specific speed skating event (Ex: Regional training center camp, out of province competition, etc.).
- Participation in a summer or High School sport provincial or national championship where entry has been earned.
- Non sport related extracurricular events at the provincial or higher level (Maximum of 2 exemptions can be accepted each training phase for this reason).

If a skater has other cause, they can apply for a general exemption and a ruling will be provided by the Athlete Development/Coaching Committee, in an appropriate timeframe. Personal or family vacations will not be considered as an appropriate reason for an exemption.

Exemptions must be requested in writing to ADCC@Speedskatenb.ca. The ADCC asks that exemptions be requested at least two weeks in advance when possible. Any General Exemptions requested more than 7 days following the conclusion of a training camp, designated competition or other event will not be considered. Supporting documents must be presented at the time an exemption is requested.

1.4 Coach Exemptions

The Head Coach for the Short Track (ST) and Long Track (LT) teams can recommend to the ADCC that individual skaters be granted an exemption where they feel it is in the skater's best developmental interests (e.g. need to rest nagging injury, suffering from burn out, overloaded schedule, etc.).

2.0 Athlete Eligibility

2.1 Canada Winter Games Speed Skating Technical Package

Athlete eligibility will be governed by the 2027 Quebec [Canada Winter Games Speed Skating Technical packages](#) including:

SHORT TRACK:

- Competitors who have reached the **age of 14 on June 30th, 2026**, but have not reached the **age of 20 as of June 30th, 2026**.
- Year of Birth: **July 1, 2006**, to **June 30, 2012**, inclusive.
- Short track will consist of a maximum of 5 male and 5 female athletes, 1 coach and 1 manager
- 1 staff member must be male and the other female.

LONG TRACK:

- Competitors who have reached the age of **14 on June 30th, 2026**, but have not reached the age of **21 as of June 30th, 2026**.
- Year of Birth: **July 1, 2005**, to **June 30, 2012**, inclusive.
- Long track will consist of a maximum of 4 male and 4 female athletes, 1 coach and 1 manager
- 1 staff member must be male and the other female.

Due to Short Track and Long Track being held on separate weeks, skaters can try out and compete in both disciplines at the 2027 Quebec CWG.

Coaches must have National Coaching Certification Program (NCCP) Competition Development certified (cannot have not-renewed status).

Please refer to Technical Packages for details on eligibility of athletes competing as part of Canadian team or at ISU level events.

2.2 Speed Skate New Brunswick:

Athletes must

- Be registered members in good standing of SSNB*
- Read, sign and abide by the SSNB Code of Conduct (Appendix B)
- Complete the commitments and requirements as set forth in this guide

*If a skater registers with Speed Skate New Brunswick for the 2026/2027 season, but was not registered with the Association in 2025/2026 season (i.e. moved to NB and is now a permanent resident of NB), they will be deemed eligible to compete for a spot on the team providing that:

1. They sign the letter of commitment to try-out before September 1st, 2025, and

2. They have demonstrated a commitment to a CWG speed skating specific training program, including attendance at speed skating camps while residing in this or their previous Province, during the past 18 months.
3. Under the approval of the ADCC.

From the time the skater submits their letter of commitment, they will be subject to the conditions and requirements set forth in this Guide.

2.3 Notification of Eligibility

A list of known eligible skaters will be posted on the SSNB website and circulated to all the clubs prior to April 30, 2025. This Guide will also be available on the SSNB website and circulated to all clubs. It is the responsibility of the local clubs to inform their skaters of eligibility.

2.4 Letters of Commitment

Skaters must indicate their intent to compete for a place on the Canada Games team by submitting a SSNB 2027 CWG Letter of Commitment (Appendix A) to the Provincial Coach by September 1st, 2025.

3.0 Selection Procedure

3.1 Team Selection

The Selection of the Canada Games teams shall be determined by a combination of factors.

3.1.1 Short Track

1. The skater has met the training and competition requirements of phase 1, phase 2, and phase 3 as outlined in this Guide (section 4.0)
2. The points by time for during Phase 4.
3. The points awarded for an athlete's ranking in each distance in the Selection Competition (Selection B)
4. Consideration of any Exceptional Circumstances and consequent selection criteria

3.1.2 Long Track

1. The skater has met the training and competition requirements of phase 1 phase 2, and phase 3 as outlined in this Guide (section 4.0)
2. The points awarded for an athlete's ranking in each distance in the Selection Competition (Selection C)
3. Consideration of any exceptional circumstances and consequent selection criteria

4.0 Selection Criteria

4.1 Participation in Canada Games Preparation Events

By trying out for the Canada Games team, athletes are committing to a speed skating specific training program leading up to the CWG. Skaters training in New Brunswick are encouraged to attend all of the Canada Games Team camps and top level competitions. It is only through participating in events together, that a real Team New Brunswick can be built. The value of a 'training group' is recognized by most sports including speed skating. SSNB will host the majority of on-ice training camps at the Grant/Harvey facility in Fredericton, the

Arthur-J-Leblanc Arena in Dieppe, or the Memorial Civic Centre in Campbellton to take advantage of the Olympic sized ice sheet and the safety of our athletes. The Canada Games is an event developed for athletes in the Train to Compete stage of Canada's Long Term Athlete Development model. The focus of this stage is to teach athletes how to optimally prepare themselves for a competition. Optimal preparation, including physiological, technical, tactical, nutritional, and psychological should produce optimal performance outcomes for all athletes. However, in smaller Provinces and Territories Train-to-Train (T2T) athletes are a part of the CWG Process. Care will be taken to provide appropriate programming for athletes at various stages of development.

To be eligible to compete in the Selection B short track event or Selection C long track event, skaters must fulfill the commitment level defined in each phase below. If circumstances cause the cancellation of any event, the required commitment level may also be reduced by 1 event, under approval of the ADCC.

Skaters may be granted exemptions under certain conditions. SSNB does recognize that families do have other priorities and under rare circumstances exceptions may be made. See sections 1.3 General exemptions and 1.4 Coaches exemption.

4.1.1 SHORT TRACK

Phase 1: Training season – May 4th, 2025, to September 28th, 2025

Athletes must attend all **2 of 4 camps** offered in Phase 1*. These camps are used for training and testing purposes, but most importantly are used to build a strong Team New Brunswick.

*Amended from 3 of 5 as one of the camps was cancelled (8/22/2025)

Phase 2: Skating Season – September 29th, 2025, to April 5th, 2026

A minimum of 4 competitions (short track and/or long track)

Phase 3: Training season - April 6th, 2026, to October 5th, 2026

4 of 5 camps must all be attended (to be confirmed by April 5th of 2026 by ADCC). These camps are used for training and testing purposes, but most importantly are used to build a strong Team New Brunswick.

Phase 4: October 6th, 2026, to the Selection B Event (Short Track Selections – Nov. 21-22)

In province skaters must attend all in province ST Canada Games Camps.

Phase 5: December 2026 to Quebec CWG Feb 2027

All Short track Team events, as designated by the head coach, are required for skaters training within the province. An approved list of events and training must be approved by SSNB –ADCC for out of Province skaters.

In summary, to be eligible for the NB ST team, athletes must:

1. Attend **2 of 4** CWG events during phase 1.
2. Attend 4 ST or LT competitions of your choosing in phase 2.
3. Attend 4 of 5 CWG planned events during phase 3.
4. Attend all planned CWG ST events and compete at the ST selections during phase 4.
5. Attend all planned CWG ST events during phase 5.

4.1.2 LONG TRACK

Phase 1: Training season – May 5th, 2025, to September 28th, 2025

Athletes must attend all **2 of 4 camps** offered in Phase 1*. These camps are used for training and testing purposes, but most importantly are used to build a strong Team New Brunswick.

**Amended from 3 of 5 as one of the camps was cancelled (8/22/2025)*

Phase 2: Skating Season – September 29th, 2025, to April 5th, 2026

A minimum of 2 LT camps or competitions* and a minimum of 2 other competitions, which can be either long track or short track.

** (8/22/2025 amendment – anyone who attended a Long Track specific camp in June-September 2025 will have the camp count towards total)*

Phase 3: Training season - April 6th, 2026, to October 5, 2026

4 of 5 camps must all be attended (to be confirmed by April 5th, 2026, by ADCC). These camps are used for training and testing purposes, but most importantly are used to build a strong Team New Brunswick.

Phase 4: October 6th, 2026 to the Long Track Selections

Skaters must attend all SSNB planned LT ice sessions or dryland camps as required by the long track head coach.

Phase 5: December 2026 Long Track Selections to Quebec CWG Feb 2027

Once selected to the CWG Long track team, all long track Team events are required, as deemed by the head coach, for skaters training within the province. For skaters training outside the province and appropriate training schedule must be provided to SSNB AD Committee once you secure a position on the team

In summary, to be eligible for the NB LT team, athletes must:

1. Attend **2 of 4** CWG events during phase 1.
2. Attend 2 LT camps/competitions, and 2 other competitions of their choosing during phase 2.
3. Attend 4 CWG planned events during phase 3.
4. Attend all planned CWG LT events and compete at the LT selections during phase 4.
5. Attend all planned CWG LT events during phase 5.

4.2 Schedule of Canada Games Team Events May 2025 & April 2026

The Schedule of Canada Games Events is posted on the [SSNB website](#). The camps will combine sport specific training with team building, fitness testing, goal setting, discussion of appropriate individual fitness training programs, and more. Schedules are tentative and may change due to scheduling or facility procurement problems. Please keep referring to the Canada Games Schedule for updates or e-mails from Team management.

4.4 Out of Province Athletes

Athletes training outside of the province must adhere to a national training center program of training and competition, or a program approved by the Athlete Development Committee. When athletes return to the province, they are subject to the same commitments as in province athletes and must attend camps as posted.

Out of province skaters training in Eastern Canada, Quebec and Ontario must attend at least 1 mandatory relay/pursuit camp prior to the CWG after team is selected.

4.5 Recommended Targets

There are no performance standards in place to attend either the short track or long track selection events, The following performance levels are typical at Games.

4.5.1 Short Track: Target times skaters should strive for in Short Track:

Note: all times are estimates based off previous CWG results.

Men			
	Average	Good	Excellent
	(Competitive at games – top 32)	(Contender at Games – top 16)	(Previous CWG Podium– top 3)
500m	47.0	45.0	42.8
1000m	1:34.5	1:32.0	1:29.0
1500m	2:29.5	2:25.0	2:17.0

Women			
	Average	Good	Excellent
	(Competitive at games – top 32)	(Contender at Games – top 16)	(Previous CWG Podium– top 3)
500m	51.5	49.0	45.8
1000m	1:42.0	1:37.5	1:35.7
1500m	2:42.0	2:34.0	2:28.0

4.5.2 Long Track: Target times skaters should strive for in Long Track:

Please refer to Canada Games Technical Bulletin at <https://speedskatenb.ca/cwg-2027/> (Pages 14-15)

4.5.3 Dryland: Target fitness levels skaters should strive for:

Note: all times are estimates. Performance in off ice testing results does not necessarily translate perfectly to on ice performance.

Men			
	Average	Good	Excellent
	(Competitive at games – top 32)	(Contender at Games – top 16)	(Medal Hopeful at games – top 3)

Vertical Jump	51.0cm	59.0cm	68cm
40m Sprint	6.3s	5.9s	5.5s
Beep Test	11.8	12.6	15.0
5km Run	21:30	20:00	18:00
Yoga & stretching	20+ minutes 3 days a week	20+ minutes 5 days a week	20+ minutes everyday

Women			
	Average (Competitive at games – top 32)	Good (Contender at Games – top 16)	Excellent (Medal Hopeful at games – top 3)
Vertical Jump	42.0cm	46.0cm	51.5cm
40m Sprint	7.0s	6.7s	6.3s
Beep Test	10.2	10.9	12.5
5km Run	23:30	22:00	20:15
Yoga & stretching	20+ minutes 3 days a week	20+ minutes 5 days a week	20+ minutes everyday

4.7 Post Selection

Following the selections, all skaters selected to the team, plus alternates, must attend all designated team events unless they have a general or coach exemption or are training outside the province.

4.7.1 Readiness to Compete

The ADCC can rule that any athlete unable to train or compete for any length of time, due to injury/illness, during the period from selection to leaving for the Games, can be replaced by the alternate. The Committee will determine to replace a team member with the alternate only if:

In the opinion of a sports medicine doctor (recommended by the Canadian Sport Centre – Atlantic) the athlete will not be able to fully recover from the injury/illness by the time the team leaves for the Games, or that the athlete has little chance of recovering in time to perform at or near their best at the 2027 CWG

For return from such injury a qualified doctor's approval must be provided.

5.0 Selection A – Points Awarded for an Athlete's Ranking Based on Select Competitions

5.1 Points Earned in Selection A

Selection A will account for up to **40%** of the total points available for the 500m, 1000m and 1500m distances.

- i. Skaters will earn points for the 500m, 1000m and 1500m events based on their personal best times in each distance.
- ii. Skaters will be ranked in each distance based on their best time achieved from all sanctioned competitions and SSNB Time Trial events between Wednesday, July 1st, 2026, and before Sunday November 15th, 2026 will be included.
- iii. Skaters will be awarded points based on their final overall time ranking in each distance.
- iv. Any skaters who have the same time will share the points for the two positions i.e. $(1000 + 816) / 2$. The following skaters will receive the points for their place in the ranked list. i.e. 3rd placed skater will receive third placed points.
- v. The point system used will be shown in Table 2 below, with values multiplied by 0.4 (40%).
- vi. Should a skater fail to obtain time in a distance, 100% of their points earned in Selection B will be used to determine their final point total for that distance.
- vii. Should a skater receive a bye onto the team (Section 6.12), their time will still be removed from the list.
- viii. Skaters will carry forward these points into the Selection B event.
- ix. The ADCC will maintain and post on-line a list of skater rankings by time. Skaters attending competitions outside of those of the province should advise the ADCC to ensure accurate updates are maintained.

Table 2. Points System for Selections "A", "B", "C"

1st - 1000	2nd - 816	3rd - 666	4th - 543	5th - 443	6th - 362	7th - 295	8th - 241
9th - 196	10th - 160	11th - 130	12th - 106	13th - 86	14th - 70	15th - 57	16th - 46
17th - 37	18th - 30	19th - 25	20th - 24	21st - 23	22nd - 22	23rd - 21	24th - 20

The Selection A points will seed the athletes into the Selection B competition.

Appendix C includes an example of how the points system works.

6.0 Selection "B" Event – Short Track

Selection to the 2027 ST CWG Team will be based on points accumulated from both Selection "A" and "B" as follows. This process applies to both the men's and the women's teams. Based on 2026-2027 competition calendar - the Athlete Development committee may re-evaluate the Selection A/B process by June 1st, 2026

It is intended to seek a host for the Canada Games ST selections (Selection "B" event) for the 3rd weekend in November.

This will be a ST competition between the top ranked Speed Skating NB skaters (based on selection A points), to a maximum of 16, plus any skaters included due to exceptional circumstances. It will consist of the 3 individual distances to be skated at the 2027 Winter Games (500m, 1000m, 1500m).

Following the conclusion of each distance, skaters will be ranked according to their finishing position and awarded points according to Table 2 – Points System for Selection A and B. Skaters will receive 60% of any points earned from the 500m, 1000m and 1500m. However, if a skater did not record a time in a distance during Selection A and therefore carried no points forward, they will receive 100% of points in that distance for Selection B.

These points are then added to the points carried forward from Selection A (see Appendix C for example). Skaters will be ranked according to their total points from Selection A and B.

Selection to the team will be made based on the ranking list after providing a place on the team for any skater who has received a bye and considering any skater who has made an appeal based on Exceptional Circumstances (4.6.1).

Table 2. Points System for Selections “A”, “B”, “C”

1st – 1000	2nd - 816	3rd - 666	4th - 543	5th – 443	6th - 362	7th - 295	8th - 241
9th – 196	10th- 160	11th- 130	12th- 106	13th- 86	14th- 70	15th- 57	16th- 46

The selection B competition must take place on an Olympic Sized ice surface and on a 111.12m standard track.

The Selection B event will be run using the system of advancement from heats to semi/finals based on first place plus the fastest times from the next position to fill the quota on the line.

6.1 Seeding

Athletes will be seeded into heats for all distances based on the skater’s season best time for each distance. If a skater drops out before the heat of any distance, this will result in re-seeding of that distance.

Should a skater be unable to compete after the Selection “B” has started, he/she shall be ranked last for seeding purposes but shall retain all points gained to that time. Coaches must notify referees of their skater’s intention to drop out of a race/competition. If he/she wishes to re-enter the competition, the athlete, ONLY through their Coaches request, must seek permission from the Referee to re-enter a competition. IF permitted by the referee, he/she shall return to his/her proper seeded place.

6.2 Disqualifications

All disqualified skaters will receive the last place points for the race they are in, i.e.: If two skaters are disqualified in any primary final, they both receive the last place points of the primary final. A disqualified skater may, at the discretion of the referee, have their points removed.

6.3 Advancements

The referee shall have the power to advance an impeded skater to any of the following finals: primary, secondary and tertiary. The referee’s decision will be final.

6.4 Did Not Finish

A skater who fails to finish a race, because of an infraction committed against him/her, will receive the points of the position ahead of those disqualified.

6.5 Did Not Start

No points will be awarded to a skater who misses or does not start a distance. However, if a skater is injured during a distance and cannot start a semi or a final, and the coach has informed the referee, then placement points for that skater must be awarded.

6.6 Participation and Ethical Skating

Athletes are required to skate all distances (except in the case of injury), to the best of their ability and ethically in each race. Any skater(s) who does not skate all the distances, to the best of their ability or who clearly skates in a manner designed to impede the opportunity of another skater to make the team, will be subject to sanction by the ADCC up to and including removal from the team.

6.7 Tie in a Final

In the event of a tie in a distance final, skaters will share the points. i.e. there was a tie for first place, each skater will receive the points for first and second, divided by two $[(1000+816)/2]$. The third-place skater will receive third place points.

6.8 Tie for Position on the Team

In the event of a tie for overall points following Selection B, the tie shall be broken as follows:

- ☐ The number of first place finishes in finals
- ☐ If still tied, the number of second place finishes in finals.
- ☐ If it is still tied, the number of third place finishes, etc., until tie is broken.
- ☐ If still tied, the ranking from Selection A will be used.

6.9 Unforeseen Selection Cancellation

If a Selection event must be cancelled and cannot be replaced, selection of the team will be based on a secondary plan that will be established by Athlete Development Committee.

6.10 Alternates

Alternates will continue to train and prepare with the team and shall attend the Games if a member of the team is unable to attend.

6.11 Bye onto Short Track or Long Track Team

To receive a bye onto the ST or LT CWG team, a skater must submit a bye request to ADCC@Speedskatenb.ca two weeks before the Selection B or C competition.

To be considered for a bye onto the ST CWG team one of the following conditions must be met:

- 1) Qualify for and compete in the Canadian Junior Short Track Championships 2026-2027.

- 2) Attend the Canadian Short Track Championships competition during the 2025-2026 or 2026-2027 season.

Any athlete that is either SSC NextGen carded (and eligible to skate for SSNB under Canada Games Council technical bulletin) and/or competing at ISU World Junior Cups will be automatically named to the 2027 CWG team in respective LT or ST discipline.

A vote will be put forth by the AD committee to grant or decline the bye request within 1 week of the submitted request. The AD committee has the right to decline a bye request even though one of the above conditions were met but must provide an appropriate reasoning.

NOTE: Once the 2026-2027 competition calendar is published- the Athlete Development committee may re-evaluate the Selection A timelines. Any change will be made by June 30th, 2026.

7.0 Team Selection “C”– Long Track Canada Games team

Selection to the 2027 LT CWG Team will be based on the points accumulated only from the Selection “C” long track events. This process applies to both the men’s and the women’s teams.

Bye onto Long Track team: If an athlete has a top 25 Canadian SSC ranking in 500/1000/1500 or top 15 in 3000/5000m, the AD committee will consider giving that athlete a bye onto the LT team.

Any athlete competing at ISU level Junior events as part of SSC team will automatically receive bye onto team.

Selection “C” points will be awarded based on time

- Skaters will earn points for the 500m, 1000m and 1500m events based on their personal best times in each distance.
- Times from Calgary, Salt Lake City and other higher altitude areas will be converted to lowland times by multiply by a factor of 1.02 ex. 36.5 Calgary = 37.23 Lowland time
- Skaters will be ranked in each distance based on their best time achieved from all sanctioned competitions and SSNB Time Trial events between Tuesday July 1st, 2026 -Sunday December 20th, 2026
- Skaters will be awarded points based on their final overall time ranking in each distance.
- Any skaters who have the same time will share the points for the two positions i.e. $(1000 + 816) / 2$. The following skaters will receive the points for their place in the ranked list. i.e. 3rd placed skater will receive third placed points.
- The point system used will be shown in Table 2 below, with each distance valued at 100%
- Should a skater receive a bye onto the team, their time will still be removed from the list.

The ADCC will maintain and post on-line a list of skater rankings by time. Skaters attending competitions outside of the province should advise the ADCC to ensure accurate updates are maintained.

At the end Selection C time period ending December 20th, 2026, skaters will be ranked according to their overall point total. The four skaters, per gender, with the highest point totals will be selected to the team, the 5th ranked skater will be the alternate.

Table 2. Points System for Selections “A”, “B”, “C”

1st – 1000	2nd - 816	3rd - 666	4th - 543	5th – 443	6th – 362	7th - 295	8th - 241
9th – 196	10th- 160	11th- 130	12th- 106	13th- 86	14th- 70	15th- 57	16th- 46

For an example of how the point scheme works for LT see Appendix D.

7.1 Cancellation of Selection “C” Event

In the event of unforeseen circumstances leading to the inability to hold any Selection C event before the end of December 20th, 2025, skaters will be selected to the team based on LT performances from previous seasons and the Committee may also consider additional factors including fitness test scores. The Committee may also require skaters to undergo additional testing to help determine selection. All LT skaters must understand the importance of establishing their best performances during the Selection C timeframe.

7.2 Ties Regarding Selection C

7.2.1 Ties for Seeding into Selection C

If two skaters are tied based on their entry seed times in any distance into Selection C event, the position of the two skaters shall be determined by a draw, where necessary.

7.2.2 Ties for Position on the Team

In the event of a tie for a position on the team after the Selection C meet has been completed, it shall be broken as follows:

- Fastest 1500M time in Selection C
- If still tied, the 500 m from Selection C will be used.
- If still tied, the 3000 m from Selection C will be used.
- If still tied, the 1000m from Selection C will be used.

NOTE: Once the 2026-2027 competition calendar is published- the Athlete Development committee may re-evaluate the Selection C selection date. Any change will be made by June 30th, 2026.

8.0 Discipline and Appeals

All skaters, parents, coaches, officials, managers, and others involved with this program are required to conduct themselves in friendly, sporting, and supportive manner. Coach, manager, and athlete behaviour must conform to the standards described in the SSNB Code of Conduct and as agreed to by signing the Team Member Agreement (Appendix B). All athletes, coaches, and managers must sign Team Member Agreement prior to first camp or event attended.

Disciplinary issues involving parents, coaches, volunteers, and others will be dealt with under Speed Skate New Brunswick’s regular disciplinary procedures.

SSNB’s Code of Conduct, Discipline Policy, Incident Report Form, and Appeals Policy can be found on the SSNB website at <https://speedskatenb.ca/speed-skate-new-brunswick-safe-sport-policy/>

The timeline for appeals relating to CWG noted in the Policy to be shortened due to the potential time sensitivity of the CWG.

Appendix A – Letter of Commitment

2027 Quebec Canada Winter Games

Team NB Commitment Form



Speed Skating

I, _____ am committed to competing for a position on New Brunswick's 2027Canada Winter Games LT OR ST Team.

I am aware that the 2027 CWGs are over a year and a half away and that by committing to a long-term development program, I can become a much better skater and TEAM member. By making this commitment, I want to help NB create its best possible team and develop a larger group of high achieving skaters within the province. I am willing to be part of that program.

I agree to do my part in training and overall personal development to make my best effort to be on the team, and understand that this includes:

- ☐ Getting the proper rest an athlete of my age requires,
- ☐ An appropriate diet and role of caloric consumption to accommodate training.
- ☐ Maintaining a positive attitude,
- ☐ Managing my time and especially my schoolwork to ensure that I can give my speed skating the time it deserves,
- ☐ Attending Canada Games team practices, testing and training camps,
- ☐ Following the Canada Games Team 2-year training program,
- ☐ Learn, understand & develop all aspects of being an elite athlete in my sport
- ☐ Attending high level competitions whenever possible.

I am committed to do my part to **"Keep the winning tradition"**

Signed (Athlete)_____Date_____

Signed (Parent)_____Date_____

Appendix B - Team New Brunswick Member Agreement

Canada Games - TEAM NEW BRUNSWICK MEMBER AGREEMENT

TEAM MEMBER AGREEMENT

I, _____, as a member of SSNB Team New Brunswick Training Squad understand that I am expected to behave according to the Team New Brunswick Code of Conduct and agree to follow the rules and regulations for Team New Brunswick, Speed Skate New Brunswick, and the Canada Games Council. Should I fail to follow these regulations I realize my actions shall be reviewed and I may be disciplined, up to and including, removal from Team New Brunswick and the Games.

Date:

Signature of Team Member:

Witness:

Signature of Parent/Guardian

(if Team Member under 18): _____

Appendix C - Example of Short Track Team Selection Calculations

Points System for ST Selections "A and B",

1 st - 1000	2 nd - 816	3 rd - 666	4 th - 543	5 th - 443	6 th - 362	7 th - 295	8 th - 241
9 th - 196	10 th - 160	11 th - 130	12 th - 106	13 th - 86	14 th - 70	15 th - 57	16 th - 46

Selection A - Based on Time. Skaters ranked against other NB athletes from times achieved at eligible events from July 1st – November 15th, 2026.

	Best 500m Time	500m Rank	500m Points (40%)	1000m Best Time	1000m Rank	1000m Points (40%)	1500m Best Time	1500m Rank	1500m Points (40%)	Total points from Selection A
Skater 1	45.0	1	400.0	94.0	1	400.0	153.0	1	400.0	1200
Skater 2	45.2	2	326.4	94.5	4	217.2	153.2	2	326.4	870
Skater 3	45.5	3	266.4	94.3	3	266.4	156.5	3	266.4	799.2
Skater 4	45.8	4	217.2	95.0	5	177.2	157.0	4	197.2	591.6
Skater 5	46.0	5	177.2	96.3	8	96.4	157.0	4	197.2	470.8
Skater 6	46.1	6	144.8	95.5	6	144.8	158.2	8	96.4	386
Skater 7	47.00	7	118.0	94.2	2	326.4	157.4	6	144.8	589.2
Skater 8	No time	No rank	N/A	96.1	7	118.0	158.0	7	118.0	236

Selection B – Based on Position at Selection B Event

	500m Place	500m Points (60%)	1000m Place	1000m Points (60%)	1500m Place	1500m Points (60%)	Total Points from Selection B
Skater 1	2	489.6	1	600.0	1	600.0	1689.6
Skater 2	1	600.0	2	489.6	2	489.6	1579.2
Skater 3	3	399.6	4	325.8	5	265.8	991.2
Skater 4	4	325.8	3	399.6	4	325.8	1051.20
Skater 5	5	265.8	8	144.6	6	217.2	627.6
Skater 6	6	217.2	7	177.0	3	399.6	793.8
Skater 7	8	144.6	6	217.2	8	144.6	506.4
Skater 8	7	295.0*	5	265.8	7	177.0	737.8

*100% of points as skater are not carrying any Selection B points forward for 500m.

Final Team Selection = Selection A + Selection B

	Selection A Points	Selection B Points	Total Points	Rank	Result
Skater 1	1200.0	1689.6	2889.6	1	Selected to Team
Skater 2	870.0	1579.2	2449.2	2	Selected to Team
Skater 3	799.2	991.2	1790.4	3	Selected to Team
Skater 4	591.6	1051.2	1642.8	4	Selected to Team
Skater 5	470.8	627.6	1098.4	6	First Alternate
Skater 6	386.0	793.8	1179.8	5	Selected to Team
Skater 7	589.2	506.4	1095.6	7	Second Alternate
Skater 8	236.0	737.8	973.8	8	Third Alternate

This assumes no byes onto the team and no exemptions for Exceptional Circumstances (4.6.1)

Appendix D - Example of Long Track Team Selection Calculations

Example of Point Calculation for Selection “C” Long Track (Girls)

Female	500m	Pts	1000m	Pts	1500m	Pts	3000m	Pts
Skater 1	43.20	1000	1.26.00	1000	2.17.00	666	5.20.00	443
Skater 2	44.60	816	1.30.00	666	2.09.00	816	4.58.00	816
Skater 3	45.20	666	1.28.00	816	2.07.00	1000	4.53.00	1000
Skater 4	45.50	543	1.31.00	543	2.19.00	543	5.00.00	666
Skater 5	45.70	443	1.31.50	443	2.20.00	443	5.01.00	543

	500m Points	1000m Points	1500m Points	3000m Points	Total Points	Rank
Skater 1	1000	1000	666	443	3109	3
Skater 2	816	666	816	816	3114	2
Skater 3	666	816	1000	1000	3482	1
Skater 4	543	543	543	666	2295	4
Skater 5	443	443	443	543	1872	5

Outcome: Skaters 1, 2, 3 and 4 are selected to the LT team. Skater 5 is the LT team alternate.

The ADCC shall name the top 4 ranked skaters by total points as the long track team and the fifth ranked skater as the alternate.