

## ***Technical Director/Provincial Pathway Coach Report***

### ***Speed Skate New Brunswick 2023-2024 season***

It has been a remarkable and enjoyable season for New Brunswick Speed Skating families, coaches, and officials with athletes competing at Fundamental level club meets to International Junior and Senior Level events. It is fun to see our athletes compete with pride and determination wherever they are.

This was my 13<sup>th</sup> season as staff with SSNB/PVNB, my first at TD/PC and my last season in a shared role with the Fredericton club. I am happy and excited to be moving full time to the role of provincial Technical Director & Provincial (Pathway) Coach. We have a rich history within the province when it comes to athletic performance, competitive framework, and development of our volunteers. As a team we can continue to make strides to improve our overall functioning to be a Provincial Sport Organization (PSO) leader within Canada.

Over the past season we have made large advancements in updating the Competition and Athlete Development documents. This upcoming season it will be great to expand upon this by fostering more coaching and official development as we prepare for the adoption of new SSC based programs and competition systems.

It was fantastic to see our youth rise to the challenge of both qualifying, attending, and positively representing our province at the Canada Youth Long Track & Short Track events ages 11-13. This growth should continue leading into 2024-2025 so we can help create the next wave of athletes drawing positive experience from our sport as well as creating an environment where we can continue to have athletes go on to high performance level performances as we see with our National & International level Team athletes. Some athletes will choose to compete at home and some beyond, we can continue to create a positive atmosphere and training ground for skaters regardless of their end goals.

Attached below are highlights of the season. I am already excited for the season (s) ahead.

Thank you to all the volunteers, parents, and athletes that help daily in making this sport stay alive and active. Volunteers provide support at the club level & others provincial/national. All jobs are critical.

Derrick MacLeod

2023-2024 SSNB/PVNB Provincial Coach & Technical Director

CONTACT me anytime: [TDCoach@SpeedSkateNB.ca](mailto:TDCoach@SpeedSkateNB.ca)

## **Administrative:**

- GNB Core Funding Submission (April-May 2024)
- Update of Terms of Reference (Ad Committee), Athlete Guide, & Competitions Bulletin
- Creation and approval of SSNB Conflict of Interest Policy as per GNB requirements
- Final Safe Sport Policy online
- Online meetings & communications with Athlete Development Committee + Competitions chair
- Continued updates of SSNB Website and enhancements + addition of updated branding to match Speed Skating Canada
- Updating online calendar and up to date posting of competition registrations, programs, and ranking/results
- Assist Finance Chair with SSC grant submissions total \$10,000.
- Worked with Finance Chair to create & track submission process for Athlete Development reimbursements.
- Coaching inventory for province created for future reference and tracking.
- Draft of updated Officials Policy sent to Officials Chair for review in 2024-2025 season. Working on Officials inventory for 2024-2025 season.
- Submission of times to national events
- Recruitment of individuals for critical SSNB BOD and competition duties ex. Officials Chair, Recorder, etc.
- Regular update of SSNB Regional & High-Performance Level Facebook accounts
- Worked on Speed Skating Canada Pathway projects as well as assisted in development of new *First and Fast Strides* program to replace CUTTING EDGE PIN program.
- Attended monthly Executive Director meetings with Speed Skating Canada
- Attended all COC (18 hr.) Smith School Education series on Board Governance
- Trained access to the National Coaching Locker database and updated evaluator training in place
- Ongoing daily administrative

## **Coaching:**

- Club visits to Dieppe, Hampton, Saint John, St. Andrews, Fredericton, Caraquet.
- Unfortunately, did not make it to Campbellton this season.
- Attendance at all Atlantic Short Track Competitions (shared with FASSCI this season)
- Attendance at Quebec Provincial 2, Quebec Provincial 3, Atlantic Long Track, Canada Youth Long Track & Canada Youth Short Track East events
- Arranged Coaches for in province athletes attending SSC Long Track & Short Track Events
- Helped coordinate and Lead 2023 NB/Codiac Summer Camp

- Have begun summer 1 day camp series. First is 8-11+ & 11 + camp in Fredericton New Brunswick
- Continued contact with regional and national level athletes.

## **Seasonal athlete competitive highlights:**

- Courtney Charlong qualified and competed at World Junior Cups, IOC Youth Olympics 2023 & 2024 World Junior Championships as part of Team Canada.
- Courtney Sarault & Rikki Doak both competed on the ISU World Cup Circuit and ISU World Championships as part of Team Canada.
- Brendan Corey competed on the ISU World Cup Circuit and ISU World Championships
- Competing on the National Junior events were Courtney Charlong, Hannah MacDougall, Hejin Wang, Conor Wilson, Mya Payne, and Katie Bower.
- Competing on the National Senior events were Courtney Charlong, Hannah MacDougall, Courtney Sarault, and Rikki Doak
- We had six youth compete at Canada Youth Long Track & ten youth compete at Canada Youth Short Track Events.
- We had 2 athletes compete at the Quebec Cup Long Track
- Molly Flynn competed and medaled at Neo Junior Long Track
- Courtney MacDougall (Female 400M – Age 13) & Molly Flynn (Junior 500M LT) set Provincial Records
- We had five athletes compete at the Quebec Provincial Circuit
- We saw Courtney Charlong, Courtney Sarault, and Rikki Doak all bring home international level relay medals as well as Doak and Brendan Corey bringing home individual medals on the world stage.
- Courtney Charlong (Next Gen), Courtney Sarault (National Team A), and Rikki Doak (National Team B) are all members of SSC National team programs leading into 2024-2025 season.

## **Upcoming:**

- Four Spring & Summer Camps planned between June-August 2024
- Long Track events & Short Track events are scheduled for 2024-2025 season.
- Continued growth of athletes attending Quebec Provincial, Canada Youth and Canadian Junior events.
- Coaching Advancement Program budgeted as part of SSNB Athlete Development and Coaching Budget
- Dieppe to host SSC Canada Youth Short Track East – March 2024
- Coaching Courses & Coaching Retreat offered this Fall.
- Club Visits planned for Fall 2024 and Winter 2025
- Funding in place for translation of Bylaws, Athlete's Guide, Officials Guide, Terms of Reference, etc.

- Continued administrative and coaching duties as part of the position of Provincial Pathway Coach & Technical Director
- Ongoing support to both club and competition development

### **COACHING:**

*Interested in taking a course in upcoming season, helping at a camp/competition or being part of 2024 Coaching Retreat – please contact Derrick at [TDCoach@SpeedSkateNB.ca](mailto:TDCoach@SpeedSkateNB.ca)*

### **OFFICIALS:**

*Want to get more involved in Officiating contact either your local meet coordinator or our Provincial Officials chair at [Officials@SpeedSkateNB.ca](mailto:Officials@SpeedSkateNB.ca)*

