

FEMALES	500 (indoor)	1000(indoor)	1500 (Indoor)	3000M (Indoor)	
	500(Outdoor)	1000(Outdoor)	1500 (Outdoor)	3000M (Outdoor)	
Aya Kaneko	53.69	1.51.81	2.51.37	6.03.43	in
	57.56	1.57.73	3.14.49	6.20.92	out
Morgan Haslett	50.52	1.40.32	2.37.39	5.32.81	in
	50.78	1.49.03	2.54.08		out
Christine Adams	50.22	1.42.49	2.41.13	5.30.89	in
	53.84	1.54.66	2.59.38	6.12.48	out
Allyson Lawson	49.86	1.42.79	2.36.46	5.40.79	in
	53.88	1.50.63	2.57.68	6.04.37	out
Regan MacKinley	49.69	1.41.43	2.38.11	5.53.78	in
	52.94		2.56.83		out
Hejin Wang	50.53	1.39.97	2.33.54	5.49.82	in
	53.94	1.46.64	2.52.16	5.56.43	out
Katie Bower	50.67	1.45.62	2.44.53		in

MALES	500 (indoor)	1000(indoor)	1500 (Indoor)	5000(indoor)	
	500(Outdoor)	1000(Outdoor)	1500 (Outdoor)	5000(Outdoor)	

Jayson Lawson	47.19	1.32.14	2.30.86	8.57.17	out
Kaj Jones	50.3	1.38.81	2.32	8.55.58	in
Gregor Dunnett	48.7	1.35.32	2.29.14	9.04.76	In
	51.28	1.42.85	2.39.62	10.33.36	out
Bradley Chambers	48.2	1.35.62	2.25.6		in
	51.19	1.41.54	2.40.94	9.54.77	out
Will Bower		1.36.30	2.29.02	9.01.11	in
	45.51	1.4	2.42.24	9.37.62	out
Conor Wilson	45.46	1.34.7	2.29.23	9.37.5	in
	46.24	1.40.21	2.43.5	10.06.39	out
Philippe Robitaille	46.1	1.32.54	2.31.05	9.09.11	in
	45.3	1.36.74	2.37.4	9.59.05	out