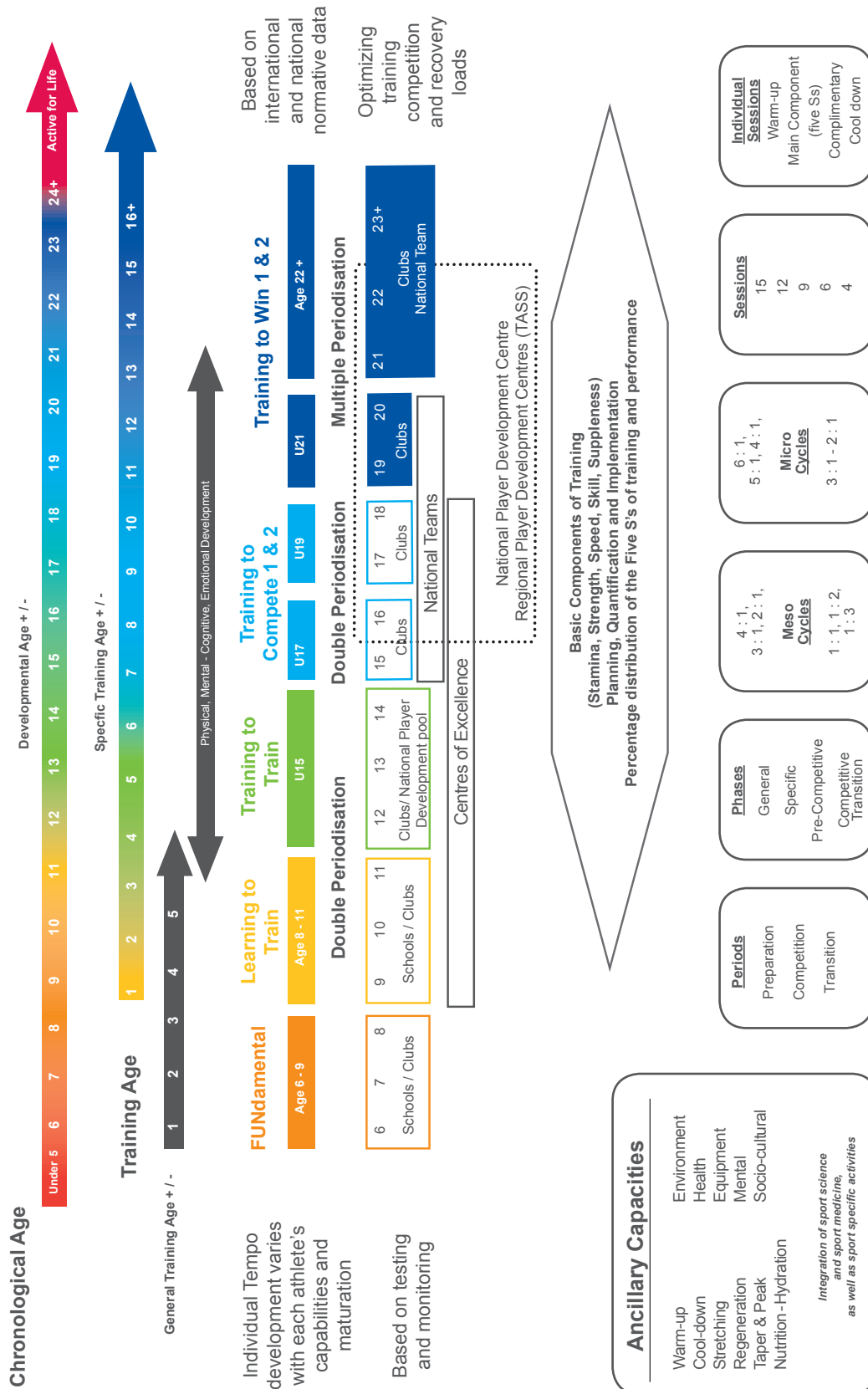
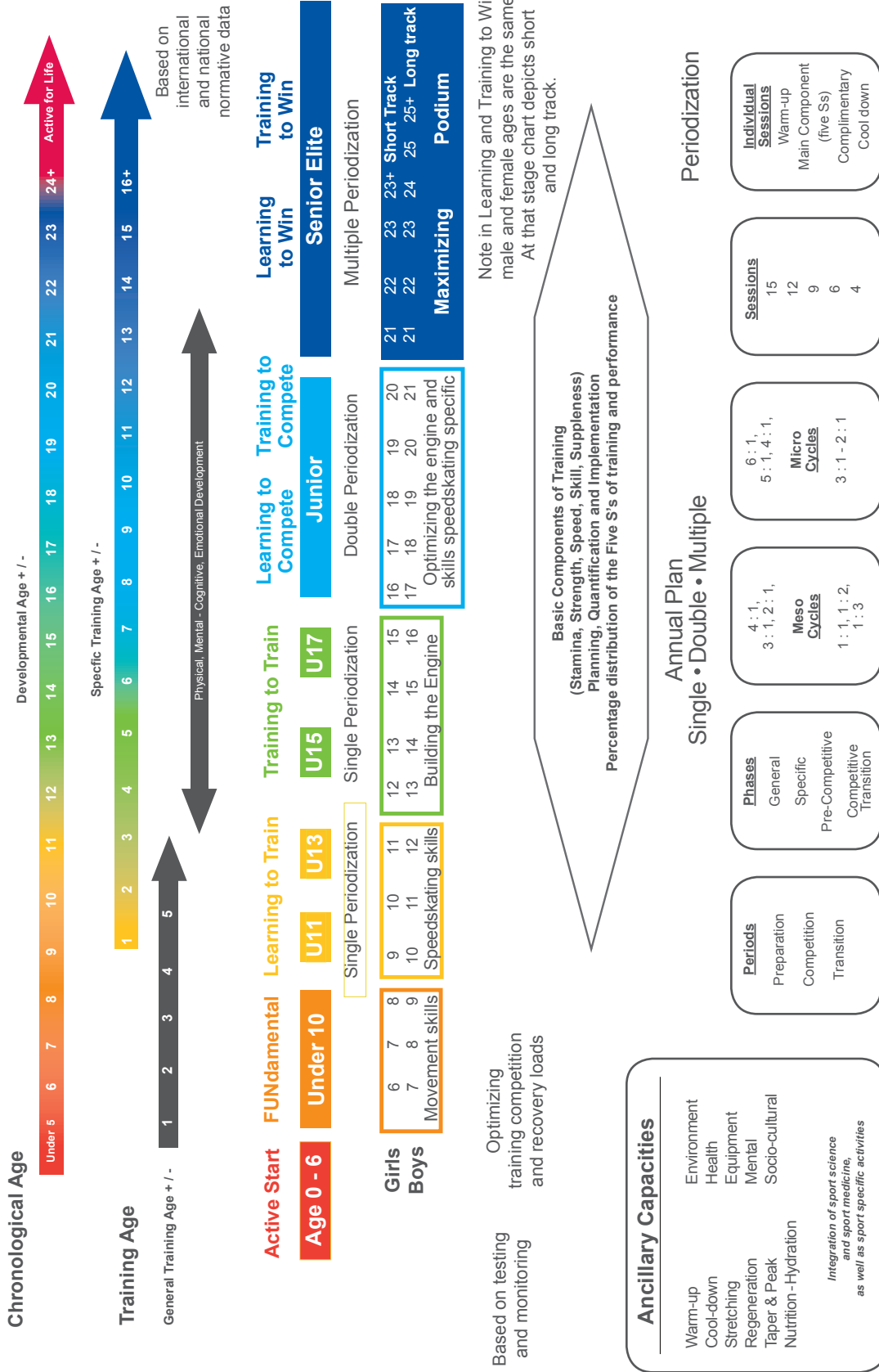


## English FA Women's Soccer - Long-Term Athlete Development - Periodization (Balyi, Hills, Simons and Way 2005)



## Long-Term Athlete Development Plan - Speed Skating (Way, Holmik and Balyi 2005)



**Canadian Curling Association - Long-Term Athlete Development - System**  
(Dagg-Jackson, Balyi, Soligo and Way 2005)

