



P-CEP / SSNB High Performance Training Group (HPTG) Coach

Hello Speed Skate New Brunswick Membership and Directors,

The 2016-2017 Season was full of activity with SSNB speed skaters competing on the New Brunswick, Maritime, Quebec and National Circuit. Our High Performance Training group was often on the road with competitions including four FPVQ EST, four FPVQ Elite, National Qualifiers, two National Senior and two National Junior Competitions. Congratulations to all athletes who took to the ice for a competition for the first time as well as those that competed as part of both Team New Brunswick and Team Canada (yeah- Courtney!).

Current listing & Standards for HPTG members are listed at HIGHPERFORMANCENEWBUNSWICK.com and the list of 2016-2017 HPTG are also attached to my report. With the 2019 Canada Winter Games approaching it is my hope that we will recruit additional members to the group as athletes work towards podium and high performance status nationally and internationally.

Provincially we have had a very hectic season on and off the ice. Thank you to everyone who is helping bring SSNB back on track this season. Speed Skate New Brunswick has historically been a leader both on and off the field of play and we should strive to once again regain this status. It is only through the diligent work of our volunteers and staff that this is attainable. I feel we are getting back on a good trajectory overall and I hope to see us move as united group towards the future.

Throughout the season I kept regular updates of team success via the HPTG Facebook and Twitter page. I have tried to include regular updates to build excitement and share performances of both current HP members, past members who have moved to Regional Training Centres (Rikki Doak, Brendan Corey), and future members. This page continues to have a great municipal, provincial, national and international following.

I believe as we move ahead we must work to retain knowledge and increase the overall collective group of volunteers that we have present within our organization. To do this we need to be cognitive of matching the proper leaders and committee members to the mandates of the committees that they sit upon. By not matching the proper skills, experience, and resume you distract from the ability to attain goals and work in a linear direction. Our organizational strength, financial stability, membership, competitions, governance and athlete pathway is strongly enhanced by having the proper people in place amongst our organization.

In closing I have also attached a few recommendations towards 2017-2018. I believe these can be sent off to the respective committees for discussion. I am always available for input and discussion were needed.

Recommendations include:

1) Continued creation and ongoing monitoring of all levels of finances and budgeting including Athlete Development, Coaching, Officials, Competitions, etc. – Budgets should be in place and approved by start of each fiscal. I believe we are now making good headway on this towards the next two years , however this must be an ongoing process.

2) Committee selection process (Finance/Athlete Development, etc.) should be in place for selection to respective committees. I have included in Appendix A some recommendations for selection.

3) Reviewing selection standards for Canada East Short Track – minimum standards should be reviewed for participation in the CEST 2017. Recommendation can also be made to SSC for implementation of a National Minimum Standard per age. Young athletes should be striving towards a challenging goal.

4) Seeding for provincial competition – suggestion for Fundamentals ranked on 200M, L2T combination ranking of (400m) + (1000/2.5), and T2T/above (400) + (1500/3.75).

Rationale = less weight on one individual distance.

*notes – Ranking distances would be based on stage of majority per division.

5) Provincial competitions – Minimum time standards and Stage in place for movement to 1500M distance/ 2000& 3000M Points Race. Skaters not at the stage/time of standard should continue to skate a maximum 1000M distance.

Rationale: early stages of LTAD athletes should be focused on speed vs distance + older skaters within lower divisions should still be working on speed vs distance.

5) Provincial competitions - # of skaters on the line – possibility/feasibility of adding more skaters to the line (1500M = 7-8, 1000M = 5-6) to reflect current practice at SSC/FPVQ level competition.

Rationale = more races per day & an increase level of racing/passing

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I want to once again thank all the volunteers who have made the 2016-2017 Season a success. I also welcome our newest Staff, Scott Beamish aboard as we work towards the future.

Let's keep the momentum going New Brunswick!

Have a Great summer everyone! Stay active, stay involved, and Thank You for all that you do for our sport.

Derrick MacLeod (ChPC)

PCEP/SSNB HPTG Coach

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Appendix 1:

Chair and Committee members of SSNB Athlete Development Committee:

Skills required:

- Member in good standing within NBASSA/SSNB and SSC
- Demonstrated Communication Skills
- Strong understanding of New Brunswick Sport System and SSNB Athlete Development documentation
- Strong understanding of Long Term Athlete Development Model – SSC and Sport
- Demonstrated experience in the area of Long Term Athlete Development

Legal required:

- No Criminal Record + up to date/ able to provide Criminal Record Check
- Legally entitled to manage funds & clean credit history (if operating as signing officer)
- Will abide by SSNB Code of Conduct at all times
- Ability to declare any conflict of interest as they pertain to daily functioning or athlete selection

Other Assets:

- Currently active as a coach within SSNB (Club or Provincial)
- Currently certified as a coach
- Past Leadership in sport (please provide Resume of experience)
- Past involvement as part of a volunteer based Board or committee (please provide resume)
- Past experience in managing funds within a non-for profit, for profit, or non-profit organization

Chair and Committee Members of SSNB Finance Committee:

Skills Required:

- Member in good standing within NBASSA/SSNB and SSC
- Demonstrated Communication Skills
- Past involvement as part of a volunteer based Board or committee (please provide resume)
- Knowledge of Canada Revenue Agency remittances, payroll, and legal regulations as they pertain to a not-for-profit organization
- History of bookkeeping and Basic Accounting

Legal Required:

- No Criminal Record + up to date/ able to provide Criminal Record Check
- Past experience in managing funds within a non-for profit, for profit, or non-profit organization
- Legally entitled to manage funds & clean credit history i.e. no previous history of corporate or personal bankruptcy
- Will abide by SSNB Code of Conduct at all times

Other Assets:

- Accounting experience or designation
- Understanding of provincial and federal sport grant applications as they apply to NBASSA/SSNB